

Quarterly Newsletter

Welcome to the CHAO Quarterly Newsletter

January 2008 Volume 5

Well, 2008 is here and it promises to be an exciting and busy time. With its new mandate, the provincial government will be moving the LHIN agenda along and the Board of CHAO will be counting on the Advocacy and Government Relations Committee and all members across the Province to keep us abreast of the changes, real and anticipated, that will emanate from these regional bodies. The CHAO strategic design program, started in 2007, will be proceed to the implementation staged by Sr. Bonnie McLellan- as will the brand articulation project. Again, we are looking forward to your engagement and support as we work through the conclusions and recommendations of both studies.

Regards,

Lil Bergamo

Ron Marr

Board Bio-Dianne Moser, Vice Chair

Engaged, insightful and committed are all words that well describe Dianne Moser, CHAO Board Vice Chair. Dianne is Chair of the Board of St. Mary's General Hospital, Kitchener and has a rich background in the Catholic school system having served three, two year terms as Chair of the Waterloo Catholic District School Board and co-authored the book, *Quality Governance for Education and Orientation for School Board Trustees*. Ex officio her role at St. Mary's, Dianne serves on the Board of St. Joseph's Health System and the North Waterloo Hospitals Collaborative Committee. In her "spare time", Dianne consults with hospitals, school boards and social service agencies to help them create high performance Boards. She also helps husband Wayne operate Bast Tire and Auto Service.



Board Bio Extra-David Nash

David Nash is the newest CHAO Board member, elected as a Sponsor's representative. David is a lawyer with McKenzie Lake Lawyers, LLP, London where he practices in the areas of civil litigation, health services, administrative labour law and aboriginal law. He is the former Chair of the Board of Trustees of St. Joseph's Healthcare London and St. Joseph's Foundation and is currently a member of the St. Joseph's Health Care Society.



CHAO Board News

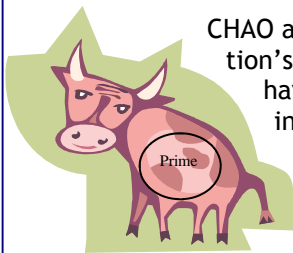
Strategic planning update

Members will recall that the 2007 CHAO Strategic Plan was approved at the Annual General meeting in September and that **Advocacy, Education and Engagement** were endorsed as the Association's Strategic Priorities. At the December 10th CHAO Board meeting, it was agreed to employ the Balanced Score Card model to structure the implementation of and evaluation of the Strategic Plan. The Board is pleased that Sr. Bonnie McLellan has accepted its invitation to continue to lead the Strategic planning process. Sr. Bonnie and the Board's Governance Committee, chaired by Dianne Moser, will start the Strategic Plan implementation process by reviewing the terms of reference of the Board's functional committees to assess whether the former line up and are consistent with the agreed upon priorities of the Association. We will keep you updated.

2007/2008 CHAO Budget Approved

The CHAO Board approved a balanced the budget for Association operations for the fiscal year starting September 1, 2007. In addition to the normal expenses, the budget includes provisions to complete the Branding project (see page 2 for project details) and an extension for one year for consulting services provided by Bruce Antonello. The CHAO Board again extends its sincere thanks to members for their ongoing financial support.

Articulating the Catholic Health Care Brand



CHAO and HBS Marketing are well on the way to completing the Association's Brand articulation project. Internal and external stakeholders have completed questionnaires seeking to elicit from those who are involved in and those who observe Catholic health care, the unique value-addedness of our Ministry. Based on this empirical evidence a branding statement and alternative branding stances have been developed. The latter are the subject of a web survey of over 200 stakeholders, the results of which will be used to fashion an integrated branding strategic plan. The final draft of this plan will be presented to CHAO member CEO's at a meeting to be held January 18th at 8:30 hrs at the Marriott Downtown Courtyard, Toronto. With input and, hopefully, endorsement from the Association's CEO's, the report will be presented for approval to by the CHAO Board at its February meeting. Many thanks to Branding Task Force members for all their efforts: Rosemary MacGilchrist (Chair) Sarah Baker, Elizabeth Bardon, Kathy Burrill, Suzanne Charest, Sharron Owen, Victoria Rabb and Barbara Theman.

CHAO 2007 Annual meeting and Convention



Margaret Wheatley lived up to her billing as an internationally celebrated author and motivational speaker as she gave the keynote address and led delegates at the CHAO Annual Meeting and Convention through a full day workshop. For the first time, the conference featured participation by representatives of Catholic health, education and social services ministries and, with their usual aplomb, Lil Bergamo and Ron Marr planned and presided over another successful Convention and Annual Meeting. Ms. Heejung Cho was awarded the Bishop Tonno Scholastic Scholarship.

Mission Application

CHAO's Catholic Identity Committee, chaired by John Callaghan of the St. Joseph's Health Care Society, London, has compiled an inventory of mission application initiatives by CHAO members that is available to all on the CHAO website at www.chaont.ca/publications/mission-applications.htm. This body of work does not claim to be exhaustive. In fact, our hope is to have members add to this inventory and, eventually, be able to interact with one another, on the subject to mission application, on the website. The latter is on hold for a while as we work out the details for hosting this service on our server that is generously provided, pro bono, by the CHAC. Meanwhile, anyone wanting to add to this compendium can send their additions to Bruce Antonello: bma10@rogers.com. Speaking of Mission Application and CHAC, the latter have introduced a new "Prayers and Reflections" resource section on their website, www.chac.ca/resources/prayer/prayer_index.html. So, you needn't be stuck for a before-meeting-prayer anymore!

CHAC Convention, May 2-4, Quebec City



With the theme, **400 years: Full of Spirit. Full of Life!** the Catholic Health Association of Canada will hold its Annual meeting and Convention in the beautiful and historic Quebec City, where the Catholic health ministry started in Canada four centuries ago. Speakers include historian Jacques Lacoursiere-An Ongoing Religious Presence in Health care since 1639- and the well known Gerald Arbuckle-Health Care- Crafting Catholic identity in Postmodern Canada. With visits to historic sites in Quebec, fantastic French Canadian cuisine and legendary hospitality and surrounded by events and celebrations marking the 400th anniversary of Quebec City, the CHAC Convention looks like a must-do. Visit the CHAC website at www.chac.ca for more details.

St. Mike's Leads the Way in Diabetes Research

In a three-year comprehensive study of 140 Toronto neighbourhoods by Ontario's Institute for Clinical Evaluative Sciences (ICES) and St. Michael's Hospital, researchers found that poverty and immigration are key factors in developing type 2 diabetes. The first Canadian study of its kind, it examines the role neighbourhoods play in the diabetes epidemic. Lead author, **Dr. Rick Glazier**, Senior ICES Scientist and a family physician at St. Michael's Hospital says, "there has been a dramatic 69 per cent rise in diabetes over the last decade and obesity is contributing to the onset of the disease.

The implications are not only a burden on our health-care system, but the disease reduces life expectancy by about 15 years. This means children may not live as long as their parents. Modern life is taking a toll on our health and we must change how we live. That is why neighbourhoods matter and play a crucial role in the health of future generations." Another St. Michael's-based research study showed that adding novel whole grain Salba, a variant of the grain that sprouts from the popular Chia Pet, to a healthy diet may reduce the risk of heart disease in people with Type 2 diabetes. Research by a St. Michael's Hospital research-scientist and professor at the University of Toronto, renowned worldwide for developing alternative therapies for diabetes and heart disease, has shown that the whole grain Salba is effective in lowering elevated blood pressure, low grade body inflammation and blood clot formation in people with well-controlled Type 2 diabetes.



Providence Care

The Providence Care Kingston Mental Health Services site (MHS) signed a tri-service agreement with the Métis Nation of Ontario at the Métis Nation National General Assembly held in Thunder Bay in July. This was an historical agreement, which will provide tele-psychiatry service, a longitudinal study on the health care needs of the Métis Nation in collaboration with Queen's University and a complete syllabus of training provided to the mental health worker by the MHS Empowerment and Clinical Education Centre. This agreement also provides access to technical services that will support the archiving and accessibility of educational materials by both the Métis Nation mental health worker and our staff at MHS.



An exciting new program for rehab therapy has just been launched at Hotel Dieu Shaver, Niagara's only specialized complex continuing care and rehabilitation facility. Now patients can play soccer, volleyball, skydive and swim with dolphins, all in a virtual world. The technology works by having the patient stand in front of a green screen facing a small camera and a large screen television. Patients who are able to stand, are confined to a wheelchair, whether young or old can receive rehab therapy that is much more fun and entertaining than the traditional methods. The patient is immersed into a virtual world seeing themselves on the television screen. Therapists can set parameters such as range of motion, speed, what side of the body and what specific limb to work on.

"In the world of rehab medicine this all very new and it's exciting to get in on the ground floor and be a part of its development," said **Dr. Rick McMillan** Chief of Rehab Medicine at Hotel Dieu Shaver. Hotel Dieu Shaver CEO **Jane Rufrano** added that developing a virtual rehab program "is exactly what the healthcare facility needs to do in order to help cement its status as a centre of excellence in complex continuing care and rehabilitation."



Windsor's Hotel Dieu Grace Hospital O.R. Nurse and Rotarian **Barb Porter** left for Africa in December as part of a project called R.E.L.A.Y. (Rotarians Enhancing the Learning of African Youth). The focus of R.E.L.A.Y. is to make a difference in the lives of hundreds of children by renovating schools, donating textbooks, school supplies and sports equipment, as well as providing electricity and running water, medical supplies and medications.

Around the Province (continued)



Patient and staff safety is a top priority for Chatham-Kent Health Alliance. The Alliance recently launched its newest safety tool, the Vocera® communications badge, a simple, light-weight, hands free, wireless device that is wearable and allows instant contact between health professionals throughout the hospital. It reduces the need to depend upon telephones, remember phone numbers or manipulate a handset because it is activated using natural voice commands. According to project team lead, **Paula Reaume-Zimmer**, Program Director, Mental Health & Addictions, Vocera is designed to increase patient service levels, teamwork and productivity. Perhaps this overriding concern for staff and patients is one of many attributes that contributed to CKHA being named as one of Canada's 250 best employers. Congratulations to all!

People in the news

Ken and his friend.

What do these two fellows have in common? One has achieved his Fellowship status in the American College of Healthcare Executives and the other is the Super Bowl Champion Indianapolis Colts quarterback. Nothing there. However, both NFL great **Peyton Manning** (left) and **Ken Tremblay**, President of the Chatham Health Alliance, did attend the same leadership and performance conference. Anyone who knows former CHAO Board Chair, Ken T., will bet he engaged Peyton in discussion on a variety of topics, likely gave him a few tips on how to better pickup his secondary receivers and treated the super star athlete to one of his jokes-du-jour! BTW, Ken is 6' feet 3". No wonder they gave Doug Flutie and hard time in the Buffalo!



Ted Darby on the move.

Edward L. (Ted) Darby has been appointed Vice-President, Planning for Kingston General Hospital, Providence Care and Hotel Dieu Hospital. Ted will replace the current Vice-President, Dale Kenney, who is taking on a new role - that of President & CEO of Providence Care in early January when Cathy Dunne retires.

Ted is a seasoned leader with more than twenty years of leadership experience in academic health science centres, multi-site community and rehabilitation/complex continuing care hospitals and, most recently, as CEO of the Mattawa General Hospital.

Dr. Kevin Smith

St. Joseph Healthcare Hamilton and St. Mary's General Hospital Kitchener CEO, Dr. **Kevin Smith**, has been appointed to the Board of Directors of Canadian Foundation of Innovation. CFI is an independent corporation created by the Government of Canada to fund research infrastructure. Its mandate is to strengthen the capacity of universities, colleges, research hospitals and non-profit research institutions to carry out world class research and technology development to benefit Canadians. "I'm greatly honoured to serve on the Board of CFI", said Dr. Smith. "I will do by best as a new Board member to help raise national awareness of the importance of research, technology and Innovation."



Editor's note: thanks for reading the CHAO Quarterly Newsletter. If you have comments, suggestions, news items and/or items of interest to submit, please send them to me directly or through your communications coordinator.

Next edition, April 2008. Submission deadline, March 14th.
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